

## ADULT DAY SERVICES AND REHABILITATIVE TRAINING

### Checklist

If you are considering post-school options such as rehabilitative training or tailored adult day services, you may find the following checklist helpful for preparing

Tick ✓ as you complete

Talk about how and when to apply for adult day services and rehabilitative training with health professionals or others involved in your care

Find out if an application has been made to the HSE Day Opportunities Officer.

When discussing options with the officer, consider asking about the following topics:

- Whether transport is included
- Whether therapy services are provided
- Whether respite options are included
- Whether the building is accessible
- Whether the toilet and/or changing facilities are appropriate
- Whether meals are included

If you are attending a special educational needs (SEN) school, discuss when you will graduate with your health professionals and others involved in your care

Gather the necessary paperwork to apply for funding, such as medical reports, letters, assessments, and proof of catchment area, and ensure they are given to your new service

Check that all reports are current and up-to-date, including psychology assessments, Feeding Eating Drinking and Swallowing Difficulties (FEDS) reports, communication passports and sling/equipment assessments

Find out if you can visit the day service or rehabilitative training service and meet the new professionals before you leave children's services

Ask staff in the new service if they can complete specific tasks you need such as manual handling, feeding, providing behavioural supports, and supporting your medical needs

